Tefillah Focus Of The Week:

Holy Places

MEANING: The simple translation of the prayer

...Blessed is Hashem from His place... Blessed is the honor of Hashem from the place of the abode of His Presence.

...ברוך כבוד ה' ממקומו... בריך יקרא דה' מאתר בית שכינתה



WORD TO THE WISE: Meaning within the word

ברוך <mark>hy do we</mark> say "Blessed Hashem is from His place" when the Gemara (Ta'anis 21b) teaches that,

"It is not a person's place that accords him honor, but rather it is the person who accords honor to his place"? By the giving of the Torah on Mount Sinai, Hashem commanded, "Even the sheep and the cattle shall not graze next to 'that mountain'" (Shemos 34:3). As long as the Shechinah rested upon 'that mountain', the Shechinah accorded honor to the mountain and no man or beast was allowed to trespass. Once the Shechinah departed from the mountain, the prohibition was lifted, showing that the mountain possessed no sanctity in the absence of the Shechinah.

That is why we follow ברוך בכוד ה' ממקומו, "Blessed is Hashem from His place" with the words מאתר בית שכינתה, "from the place of the abode of His Presence." The place does not give honor, rather the Shechinah provides honor to the place. (Margalios HaTorah).

THEME:

An essential concept of the prayer

Feeling Holiness

The Shechinah, Hashem's Divine Presence, originates in the Heavens and imparts holiness everywhere it is perceived.

INSIGHT:

Deeper meanings of the theme

Standing in the Glow

The Torah calls the *Shechinah* "the Glory ▲ of Hashem," and specifies locations in the earthly sphere where the Shechinah's Presence is apparent: 'And the Glory of Hashem dwelled on Mount Sinai and the Glory of Hashem filled the Mishkan' (Shemos 24:16; 40:34). The Glory of Hashem refers both to the origin of sanctity and holiness — a place which is concealed in Heaven — and to the aura of holiness that emanates from It and inspires a sense of sanctity here on earth. The Aruch L'Ner (She'eilos U'Teshuvos Binyan Tzion, Siman

3) explains the difference between these two facets of the Shechinah with an analogy to the sun, and the light and heat that emanate from it. When we remark, "the sun is out," we do not mean that it is actually before us — after all, the sun is situated 93 million miles away from

earth. Yet, despite this great distance, we can see the sun's light and feel its heat.

This analogy explains how different degrees of Shechinah rest in diverse holy places as the Ohr HaChaim Hakadosh (Bereishis 46:4) comments that the levels of *kedushah* emanating from the Shechinah are many, i.e. where ten men study Torah together, and to a lesser degree, where two, or even one, learn. Just as the strength of the sun's rays varies from place to place, the force of the sacred "rays" of the Shechinah also varies according to the particular holy place or occurrence.

the "rays" of the *Shechinah* — to shed the layers of distraction and habituation — and feel Its radiant Presence all around us.

Our task as we pray is to expose our souls to

Images that bring the prayer to life

VISUALIZE:

The Holy Gym

t 3 p.m., the gym at Bais

A Yaakov of Centerville was packed with high school girls. The main athletic event of color was taking place – a fierce game of basketball between the green team and the blue team. The room was filled with cheering that reached fever pitch when a team scored. When the green team made its final, winning shot, the green-team spectators mobbed the players and turned the gym into a scene of happy pandemonium.



basketball game were gone. The gym stood pristine, with rows and chairs lined up neatly on the polished wooden floor. The seats were all occupied by members of the Centerville Jewish community, who had come out on this evening to hear inspiring words from a visiting Rabbi of great renown. The conversational buzz in the room came to a sudden

was noticed. The crowd rose to their feet reverently, and then, as the speaker arrived at the podium, they sat down in silence. The greatness of the speaker radiated out across the room, making it seem more like a shul in the heart of Yerushalayim than a gym in middle America. The Rabbi transformed

stop as the Rabbi's arrival

the room from a raucous gymnasium to a holy place. Likewise, Shechinah the imparts its holiness to every place in which it is recognized, welcomed and revered.

בית שכינתה.

of holiness, and the holiness it imbues upon the shul, when you say בריך יקרא דה' מאתר

The next time you are in shul, look at the aron kodesh and imagine

that a pure, bright light is emanating from within, streaming out

from the cracks and crevices in the aron. Think about this light

Did You Know

► A Sign of Importance

So important is Kedushah De'Sidra of ובא לציון, that we translate the Kedushah into Aramaic (for example, we say ... ומקבלין דין מן דין ואמרין. קדיש בשמי מרומא עלאה, And they [Angels] receive permission

from one another and say: Holy is the most exalted heaven...) after saying it in Hebrew (Siman 132:1). Mishneh Berurah (ibid:1) explains that this is done so that everyone will understand what is being said. Therefore, one must take great care to say Kedushah De'Sidra with kavannah (Siman 132:2).

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