Tefillah Focus Of The Week:

קדיש יתום

Powerful Praise

MEANING: The simple translation of the prayer

Amen, May His great Name be blessed forever and ever. Blessed, praised, glorified...

אמן. יהא שמה יתברך וישתבח ויתפאר...



יהא שמה רבא <mark>מברך</mark> is לעלם ולעלמי עלמיא Aramaic for "May His Great Name be blessed always and forever and ever."

Obviously, such an important sanctification of Hashem's Name should be said in the proper way.

The congregants should pause a little in between the word יהא שמה רבא and the words יהא שמה רבא. Bais Yosef (cited in Mishneh Berurah 56:2) explains that this is because the word אמן serves as a response to what the prayer leader has said, whereas the words יהא שמה רבא are an independent statement.

Congregants should not make a silent interruption between the words יהא שמה and the word רבא (Mishneh Berurah, ibid:4) nor between the words יהא שמה רבא and the word מברך (Rama, Siman 56:1). However, one is not required to say the words together in one breath (Mishneh Berurah, ibid:3). Finally, the prayer leader must also say quietly He should not repeat the word אמן, but should just begin After

that he should begin saying יתברך and continue the rest of *Kaddish* aloud (ibid, 56:2).

THEME:

An essential concept of the prayer

A Chance to Make a Difference

Saying יהא שמה רבא with sincere kavanah has a great impact on a person and brings blessing to Klal Yisrael because it is a powerful sanctification of Hashem's Name.

INSIGHT: Deeper meanings of the theme

The Power to Change Everything

Tow powerful is ... אמן יהא שמה רבה... It is strong enough to change a person's mazal. Chazal (Shabbos 119b; see Mishneh Berurah 56:1) teach, "When a person answers אמן יהא with all his might, even a decree of seventy years is torn up." Thus, even if a person's sins are preventing Hashem's blessings from coming to him, he is able to change a decree that determines whether or not he will have, for example, wealth, intelligence, tranquility and long life. That is because when a Jew says אמן יהא שמה רבה.... with sincere kavannah, G-d's Name is sanctified beyond imagination. The Zohar (Terumah) teaches that אמן יהא שמה רבה has enormous spiritual power, far beyond that of any other acknowledgment of G-d's

language that lacks the holiness of Hebrew, we bring holiness to the dark corners of the earth. Morever, when we respond in a loud voice אמן יהא שמה רבה..., we bring Hashem's mercy upon all of Klal Yisrael (Zohar, Parashas Noach). Rav Simcha Zissel of Kelm teaches that each Jew

holiness. By exalting G-d in Aramaic, a

is so important that it would be worthwhile for G-d to create the whole world for 6000 years (see Sanhedrin 97a) to have just one Jew answering "baruch Hu u'varuch Shemo" once in his lifetime. One אמן, says Rav Simcha Zissel, is 'worth' one thousand "baruch Hu u'varuch Shemo's". One הא שמה רבה.... is "equal" to answering אמן a thousand times.

VISUALIZE: Images that bring the prayer to life

Long Live the King!

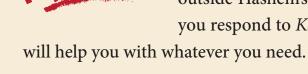
here they were again, as . always. The loyal subjects most the benevolent, powerful king anywhere. Three times a day, they gathered outside the palace -thousands of citizens - and shouted with all their heart, "The king is great! Long live the king!" And every time the king saw the throngs and heard their words of love and praise pouring forth, his heart opened wider to them. There was nothing he would not do for those who undertook this daily commitment to proclaim the



show their own loyalty through this act, but they enhanced the king's power and position throughout the kingdom, for everyone who saw or heard about their declaration came to realize that a king who such engenders vigorous, consistent praise must indeed be greater than any other ruler. Likewise, Hashem 'delights' Jewish people's the declaration of His greatness

He needs our affirmation for any reason, but solely because it represents our desire to strengthen within ourselves and spread throughout the world our knowledge of His presence and His glory bringing blessing to the world. When we do this with all our focus and energy, we are doing what we were put on earth to do. Then, the difficulties Hashem sends our way to wake us up and cause us to acknowledge Him are no longer necessary. When we sincerely sanctify His name, we are fulfilling our highest purpose.

and power. This is not because



outside Hashem's "palace window," knowing that because He hears you respond to Kaddish with אמן יהא שמה רבה in the proper way, He

Imagine that when you are hearing *Kaddish* said, you are standing

Did You Know

Potential for Yeshuah The "Insight" section cited Chazal's teaching that, "When a person

answers אמן יהא שמה רבה with all his might, even a decree of seventy years is torn up." "All his might" means all his kavannah, with heart and soul. Therefore, a person should be sure to focus his mind on the words his lips are pronouncing (Mishneh Berurah 56:1). He should also respond in a loud voice (Siman 56:1).

The Chofetz Chaim wrote: "...It is impossible to fathom the number of salvations that could

be brought about for Klal Yisrael if the inhabitants of each city were indeed to assemble in the Shul and daven together, and respond אמן יהא שמה רבה in unison every day. In this way, thousands of people could be saved from death (Michtavei Chofetz Chaim, pp. 167).

Praying With Passion is a free weekly e-mail newsletter by the author of Praying With Fire (Vols 1 & 2), Yearning With Fire and The Power of Teshuvah.

V'Ani Tefillah Foundation, 1616 E. 29th St., Brooklyn, NY 11229 | 201-837-0354 | info@prayingwithfire.org